

CANCER AND DISEASE CAUSING COSMETICS

Many cosmetics like to brand themselves as 'natural' but in fact are full of potentially toxic petrochemicals.

Some you'll commonly find on your bottles include:

- Propylene glycol – A petroleum derivative that penetrates the skin very quickly, may cause skin irritations and acne and the EPA considers toxic to your brain, liver and kidneys.
- Methyl and propyl parabens – Implicated in a multitude of health problems, estrogenic, cancer causing, often found in breast tissue, stored in fat cells and replicates in dna.
- PEG or polyethylene glycol – Potentially carcinogenic petrochemical that can disrupt your skin's natural moisture balance, potentially increasing skin infections and signs of aging. Also used in kitchen cleaners that require gloves to use.

And the list could go on and on.

Far from helping your skin, these ingredients are often a source of irritation, clogged pores and can add even more toxic burden to your body once absorbed through your skin.

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