

## BASELESS FEAR FOR THE DISEASE

Written by Administrator  
Monday, 16 March 2020 16:17 -

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## BASELESS FEAR FOR THE BOGEYMAN DISEASE

A non-Muslim medical expert has the following advice to combat the satanic falsehood which has rendered the baboon and donkey masses paranoid.

A message from Dr. Bruce Lipton

Dear Family of Love and Seekers Everywhere,

Coronavirus: Do Not Fear the Bogeyman

The world is currently gripped in fear of the scary coronavirus. Let's first get one fact clear: If you have ever had a cold or flu in your life, odds are that it was the result of a coronavirus infection. Yes, coronaviruses cause colds.

But, we are being programmed with the belief that this particular cold virus is "deadly." This fear has shut down concerts, conferences, and major public events all over the world. The fear has led to quarantines and closing down of international travel. It has even led to a major scarcity of toilet paper in Australia, where concerned citizens emptied the shelves of this commodity in anticipation that they will be walled up in their homes with this infection.

First, how deadly is this version of the virus? Yes, there have been corona-related deaths reported with the statistics suggesting that ~2% of the infected population dies. Wow! That number is almost 1% more deaths than are attributed to any conventional flu the world experiences. What is misleading is the fear that everyone who carries this virus may die from their cold. This is simply untrue! The health of almost all the victims of this coronavirus was already compromised before they were infected.

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As presented in *The Biology of Belief*, stress is responsible for up to 90% of illness, including heart disease, cancer and diabetes. When an individual is in stress, the release of stress hormones (e.g., cortisol) shuts down the immune system to conserve the body's energy for running away from the perceived stressor, that proverbial "saber-toothed tiger." Stress hormones are so effective at compromising the immune system, that physicians therapeutically provide recipients of organ transplants with stress hormones to prevent their immune system from rejecting the foreign implant.

The conclusion is clear: The fear of the coronavirus is more deadly than the virus itself!

The media (perhaps in conjunction with the pharmaceutical industry) is compromising people's health using the fear card! This is the result of negative thinking (the nocebo effect) which is the complete opposite of the placebo effect manifest through positive thinking! If you make efforts to stay healthy, with good nutrition, exercise, taking vitamins and supplements, and more importantly, avoiding stress (e.g., the "fear" of the virus), even if you do get infected with the virus, you will likely only end up with a cold and/or slight fever.

If you are someone with a compromised immune system, it is supportive to surround yourself with loving family and friends, nature, and positive thoughts as well as any other nutrition and vitamins that you may already be taking for your health and wellbeing. Following your intuition about what is best for you is key! The point here is that no matter who you are and what your state of health, you will only benefit from steering clear of the fear and supporting yourself in whatever way feels best to you.

Please remember the truth of quantum physics, the most valid of all sciences on the planet: Consciousness is creating your life experiences! Are you being conscious of disease ... or of health? Wishing you all Health, Happiness and Harmony.

With Love

Bruce

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This Dr Bruce Lipton is well known for the book he authored , *Biology of Belief*".

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