

YOGA IS KUFR AND SHIRK

Written by Administrator

Monday, 11 March 2013 11:26 - Last Updated Monday, 11 March 2013 11:27

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22 Rabiuth Thaani 1434 – 6 March 2013

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Yoga is a Hindu practice of kufr and shirk which the evil shaitani radio stations deceptively operating as 'Islamic' radios are promoting. A concerned Brother writes:

"It is with a heavy heart that I have to write to you on this subject of yoga. Unfortunately it is a malady that has crept into the heart and soul of the Muslim Ummah. I have addressed two "muslim" radio stations in this regard. One station propagated this Kufr cult some weeks ago and the other, I hope, was stopped in its tracks.

We should be wary of Shaitaan who is our avowed enemy as the Qur'aan states: "Verily Shaitaan is unto you an avowed enemy."

Yoga is one of the six orthodox schools of Hindu philosophy. It is associated with Hinduism, Buddhism, Sikhism and Jainism. It is a cult of kufr and shirk. Hindu monks had introduced this shaitani cult to the western world. One of the objectives of yoga is the hallucination of enjoying an "eternal presence" with the Hindu god, Vishnu. Yoga is also practised in order to "unite with the Hindu god, Shiva".

It is believed by the Hindu mushrikeen that the purpose of yoga is the "experience of Brahman or Atman pervading all things." The Kufr of hallucinated unification with the Brahman is one of the goals of this haraam cult. "Separation of the self from matter, perceiving Brahman everywhere, entering into Brahman, etc. are all described as goals of yoga." (Jacobsens)

Yoga introduces various conceptions of deities. The gods of yogi'ism are hallucinated phantoms. Buddhist kufr and shirk also influence yoga. "The yoga school accepts the samkhya psychology and metaphysics, but is more theistic than the samkhya, as evidenced by the addition of a divine entity...." A category for a god is added to yoga.

The second article of the "Eight-Limbed" yoga cult includes the study of the kufr Vedic scriptures to know god and the soul. Yoga also advocates the concept of a personal god which is described as the 'supreme personality godhead'. Concentration on the Hindu god, Krishna is among the practices of yoga. The union between the self and the Divine (or a Deity) is also defined as yoga.

Yoga is also the cause of many physical injuries. Its consequences are a range of serious medical conditions such as thoracic outlet syndrome, arthritis of the spine, spinal stenosis, retinal tears, damage to the common fibular nerve, back injury, torn muscles, knee injuries, headaches, vertebral artery dissection (a tear in the arteries of the neck providing blood to the brain), which can result in stroke, acetabular labral tears, damage to the structure joining the femur and the hip, interference with natural growth if practised by children under 16, etc.

"This particular path to salvation among the several offered by Hinduism, links Tantarism to those practices of Indian religions, such as yoga, meditation, and social renunciation....."

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(Mesocosm: Hinduism and the Organization of a Traditional Newar City in Nepal)

“It is considered to be a kind of Kundalini yoga for the purpose of moving the Goddess into the chakra located in the heart, for meditation and worship.” (Mesocosm)

In dabbling with the kufr, idolatrous yoga cult, some Muslims are emulating Christians who have integrated yoga into their worship system and meditation. They believe that by means of this idolatrous cult they are able to experience God in a perfect way.

In 2008, the Council of Ulama in Malaysia issued the fatwa that yoga is haraam. Asia-Pacific reports:

KUALA LUMPUR, Malaysia — Malaysia's top Islamic body, fresh from banning tomboys, issued an edict Saturday that prohibits Muslims from practicing yoga, saying that elements of Hinduism in the ancient Indian exercise could corrupt them.

The National Fatwa Council's chairman, Abdul Shukor Husin, said many Muslims fail to understand that yoga's ultimate aim is to be one with a god of a different religion.

"We are of the view that yoga, which originates from Hinduism, combines physical exercise, religious elements, chanting and worshipping for the purpose of achieving inner peace and ultimately to be one with god," Abdul Shukor said.

In 2004, Al-Azhar of Egypt banned yoga. The Indonesian Council of Ulama (MUI) also issued a fatwa that yoga is haraam.

Indulgence in yoga is haraam. It is kufr which renders one a murtad. Muslims should beware of this Hindu cult of shirk and kufr. Yoga is saturated with kufr and shirk.