

COKE AND SUGAR

Written by Administrator
Tuesday, 20 September 2016 17:18 -

COKE AND SUGAR - THE DRUG RECIPE FOR DIABETES, CANCER, ETC.

(By Arjun Walia)

SUGAR & COLA – SWEET POISONING, ADDICTION, SICKNESS, OBESITY, ETC.

More bad press for Coke continues, as a meme making its way around the web (was first posted by The Renegade Pharmacist) has gone viral, and for good reason. It's no secret that Coke can be very harmful to our health, especially after prolonged use. Sure, you might say that people are free to do as they please, but the truth of the matter is, a product like Coke should

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not even be on the market.

Sugar, primarily in the form of high fructose corn syrup (HFCS), is the highest calorie source in the United States today. While its mass appeal is vastly rooted in cultures worldwide, its health impacts are substantially detrimental and are often overlooked by the majority. HFCS literally makes you “stupid”. Multiple studies have shown this, including one conducted by UCLA which showed how sugar lowers your IQ. Your brain lights up with sugar just as it does with cocaine and heroin. It’s not something somebody can easily walk away from. What we are seeing is the same thing as drug addiction, and these giant food corporations know this. A Dutch health official recently called it the most dangerous drug of all time. A study claims sugar is just as addictive as heroin.

“You end up with one of the great health epidemics of all time.” – Dr. David Kessler, former FDA commissioner.

A journalist showing a Coca-Cola President just how much sugar is in their drink. It’s quite entertaining, particularly since there is absolutely no justification for just how much sugar they put into their drinks.

We consume so much sugar on a daily basis, most of which is not even real, natural, or organic, and it's probably one of the worst possible things we could be putting in our bodies. Sugar has a number of detrimental health effects and leads to many diseases, including diabetes and cancer, among many others.

It became popular in the United States in the late 1970’s because it was a much cheaper

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alternative to regular cane sugar. These days, we are consuming an average of 27 teaspoons of sugar per day, while the recommended daily allowance from the American Heart Association is no more

than six teaspoons a day for the average woman and no more than nine for the average male. Why are we consuming so much sugar? And why exactly is sugar added into almost everything we eat?

IT'S NO SECRET THAT JUNK FOOD IS DESIGNED TO BE ADDICTIVE, AND THAT THE SUGAR WITHIN IT LITERALLY KILLS YOU. BE THE CHANGE, YOU STILL HAVE A CHOICE

Our world is full of harmful substances that we regularly consume each day. It's hard to believe that these substances (like Coke), made to be highly addictive, are marketed to the masses without consequence. The Coca-Cola corporation is promoting sickness, obesity, and lowered cognitive function. They are dumbing down society. How any human being can promote something that kills us is beyond my ability to understand.

AT THE END OF THE DAY, REGARDLESS OF HOW ADDICTING AND HARMFUL A PRODUCT IS, YOU STILL HAVE A CHOICE NOT TO CONSUME IT. YOU HAVE TO BE THE CHANGE. THESE CORPORATIONS HOLD NO POWER, THE POWER LIES WITHIN ALL OF US. WITHOUT US, THERE IS NO THEM.

“I want a nation of workers, not thinkers.” – John D. Rockefeller

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Hopefully this memes gives you something to think about, especially if you are a parent, or a person who consumes Coke on a regular basis.

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