

## THE BENEFITS OF SEA WATER

Written by Administrator  
Tuesday, 06 February 2018 15:31 -

---

### SEA WATER

First of all, **sea water** is a miracle treatment for **acne** and semi-permanent scars. Salt is an excellent curing, clearing, and cleansing agent. ... Salt

**water**

has been

**used**

as a cleanser for thousands of years. It helps rid the skin of toxins and cures cuts.

### ***ABSTAIN FROM REFINED TABLE SALT***

***However, be aware that not all salts are created equal. [Table salt](#), for example, is highly processed and bleached before it makes its way into that little glass bottle.***

***Unfortunately, during mass production, manufacturers strip it from anything good for your health. The result is a product that has no resemblance to its original form and it can even harm your health. When doctors warn against consuming too much salt, table salt is what they are referring to.***



**THE  
BENEFITS  
OF**



**The Majlis  
P.O. Box 3393  
Port Elizabeth  
6056, South Africa**

# THE BENEFITS OF SEA WATER

Written by Administrator

Tuesday, 06 February 2018 15:31 -

---