

## KITAABUL JANAA-IZ

***“Every person will taste death” (Qur’aan)***

Maut (death) is the inescapable event – the inevitable reality – which Mu’min and Kaafir acknowledge. In so far as the Mu’min is concerned, Maut is not the end of life. It is simply another stage in the onward journey of man back home - Jannat – from whence he heralded.

Rasulullah (Sallallahu Alayhi Wasallam) said:

*“Maut is the bridge which unites the lover with his beloved”*

The Mu’min is the *lover* and Allah Ta’ala, The Rabb, is the *beloved*. With Death the servant of Allah Ta’ala reaches his Goal towards which he was striving all his life. For those who had lost themselves in the pursuit of fleeting pleasures of a corrupt and contaminated kind, consequently forgetting the Goal and Purpose of a life on earth, Maut is a terrible event. On the other hand, the sincere and pious servants of Allah will be greeted by the proclamation:

***“O Soul at peace! Return to your Rabb, well-pleased (with Him) while He is well-pleased (with you). Thus enter (the association of) My servants and enter My Jannat” (Qur’aan)***

Since man – the Mu'min – is the noblest of Allah's creation, He has ordained a host of rules and rites which the living have to observe in honour of the mayyit (deceased) who passes onto the next leg of his journey to Jannat. Kitaabul Janaa-iz deals with these rules and rites.

May Allah Ta'ala accept our humble effort and may the Ummah derive maximum benefit from this endeavour, and may it assist in our Najaat (Salvation) in the Aakhirah.

## THE MUHTADHAR

*Muhtadhar* is the person who is in his/her death throes. Literally, *muhtadhar* means a person in whose presence others have arrived. In the context of Kitaabul Janaa-iz,

*muhtadhar*

is the person in his death throes from the moment the Malaa-ikah (Angels) are in his presence.

Thus, the person in his/her last illness will be terminated

*muhtadhar*

from the time the Malaa-ikah appear to him/her.

The living will regard the person as *muhtadhar* only during his final moments when the departure of life becomes apparent to them.

## THE SIGNS OF MAUT

The signs of the arrival of Maut (Death) are:

1. The legs become slack or limp.

2. Breathing becomes heavy, quick and erratic.

3. The nose bends slightly.

4. The temples sag.

## **WHAT TO DO AT THE TIME OF MAUT**

When Maut arrives, the *muhtadhar* should be laid on his back with feet outstretched in the direction of the Qiblah. His head should be slightly raised so that he faces the Qiblah. It is said that this position facilitates the emergence of the Rooh (Soul).

