

### ASPARAGUS AND A MORON'S CRITICISM

**Taking umbrage at our publication of an *Asparagus* cure for cancer, a moron whose brains are fitted in the straitjacket of western kuffaar university indoctrination, proffers the following criticism which is reproduced verbatim. From the e-mail of the anonymous moron character, it appears that he is a medical student at the Wits University. His letter, besides the bunkum criticism, illustrates his lack of even rudimentary English grammar. We fail to understand how such morons gain admission to a university.**

#### **The Morons criticism**

“I have recently read the Majlis regarding “the definite cure for cancer”.

I think you should rather stick to slamming other pious people and move away from medical cures. Your article undermines the studies that many have dedicated their lives to. If curing cancer was so simplistic such a cure would indeed be widespread. As someone who has lost many loved ones to this cruel disease, your ridiculous claim, just adds to the cruelty. Cures of cancer with asparagus have never been recorded, there are no studies in any medical journal, any reliable articles, to support this cure and it is scientifically implausible. Asparagus does contain glutathione which is considered of the body's most potent anticarcinogens and antioxidants. However glutathione is ineffective when taken orally. Did you not research before posting and misleading the masses? It never gets into the bloodstream and consequently can never get to the cells where it is needed. The human body synthesizes the glutathione within cells as it is needed. You cannot boost levels by eating glutathione. Besides cancer is not just one disease and to even think that treatment for Hodgkins and lung cancer is the same is absolutely ludicrous. You should know better. None of the people supposedly cured by this cure can be found. Just as you don't like people like myself passing fatawas and are quick to blast just about everyone perhaps such introspection is required. Do not mislead people. Do not speak about things that you are not knowledgeable in. Give credit to the doctors who tirelessly study the body in depth, devoting their time to find cures to these diseases. Knowledge is light. Do not mar it with the darkness of ignorance.” *(End of the moron's letter)*

### RESPONSE

It is quite obvious that the moron has a clear bias in favour of the western kuffaar medical system. It cherishes animosity for systems which appear to be nugatory of the western kuffaar system. Did this moron ever criticize the horrendous villainy of the western medical system which he is espousing? The primary constituents of the western kuffaar system are brutality, filth and poison. Thus, blood, urine, faces, vivisection (brutal torture of animals), pus of diseased animals, human organs, after-birth matter, satanic vaccination, experimenting on dead human bodies, murdering patients for grabbing their organs by proclaiming them satanically to be 'brain dead', abortion (murdering and mutilating live little human creatures of Allah Ta'ala), etc.

A system structured and developed on filth, poison and brutality is undoubtedly a satanic systems. It is for this reason that western medical doctors conduct themselves like Satanists. They are brutal in demanding obscene sums of money for treatment. Their objective is to skin alive patients to extravasate every cent from their pockets and bodies. In fact, they appear to be an inhuman species in human form.

Did this moron ever criticize the severe and horrible side effects of their drug-based medical treatment of this satanic system? Whole volumes can be compiled to illustrate the horrendous side effects of western drug medicine. Experts- western kuffaar experts – have written thousands of pages on the evils of this Satanist system of 'medical' treatment. Did this moron

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ever cast a cursory glance at the compound evils and harms of the western kuffaar system he is pursuing and espousing?

His silly presentation of a smattering of medical 'expertise' to condemn the Asparagus treatment is uncalled for. He has absolutely no evidence to prove that the Asparagus treatment is not valid. And, assuming that Asparagus is not a cure or does not cure cancer, what harm does he see in people consuming this bounty of Allah Ta'ala. He will recommend all the harmful kuffaar drugs for treatment – drug 'medicine' which brings diseases upon disease in its wake. But in the Asparagus treatment, even if it be assumed that it does not cure, there is NO harm, no horrible side effects. His grievance is plain stupidity disgorged in defence of the western kuffaar medical system.

The fundamental basis of the Asparagus treatment is that Asparagus is a *Ni'mat* of Allah Ta'ala. It is a very beneficial food item. It is not junk 'food' prepared by the satanists. About Asparagus, the experts say:

## ASPARAGUS

*Asparagus officinalis*

Asparagus is a luxury vegetable that still grows wild in mediterranean countries. Old herbals called it sparrowgrass and farmers still call the plant 'grass'. A big helping will contain less than 40 calories and it is a good provider of vitamin C, folic acid and potassium.

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The therapeutically active substance found in the asparagus is the alkaloid asparagine which exerts a rapid effect upon the kidneys, stimulating them and colouring the urine a dark yellow within hours of consumption. The asparagine is much reduced in quantity during cooking, so that the use of quite a small amount of the raw juice produces a good diuretic effect.

Not only is the urine coloured, the asparagus also imparts quite a strong smell to it, so do not think anything is amiss should this phenomenon surprise you. The essential oils which give asparagus its distinctive and pleasant flavour are very powerful because they are present in such small amounts that special analytical methods have to be employed to detect them.

Asparagus juice is usually taken in the quantity of a sherry-glassful three times a day before meals. It has been used not only to remove water from the body but as a purifier of the blood, to tone up the nervous system and as a gentle laxative.

The thickness of the asparagus used has little effect upon the value, only upon the cost. So choose fresh looking stems that have not dried out and gone floppy. The white, woody base of the stem helps prevent it from losing moisture. It can be stored for a few days wrapped with a damp cloth around the base and kept in a cool place.

Therefore, consuming Asparagus is only beneficial for the body and the health. There is immense health benefits in all the food bounties created for us by Allah Ta'ala.

The moron's claim that the cure of Aspareagus has not been proven is moronic and bunkum. Western medical journals are the limit of his knowledge and information. It is not an axiomatic truth that whatever these journals have not recorded is futile, baseless and unsubstantiated. The one who has prepared the Asparagus treatment claims that it does cure. What is the

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rational evidence for denying him? A doctor who espouses a treatment which threatens the mafia thugs of the multi-billion dollar pharmaceutical industry is exposed to grave danger. These thugs who operate the pharma industry eliminate their opposition.

The Asparagus cancer treatment was printed in the *Cancer News Journal* in 1979. The author of the article is a medical expert. The biochemist who propagated this treatment is a specialist. The discovery was made by Richard T. Vensal D.D.S. He presented many case histories of cured patients. He said:

*"We would have other case histories but the medical establishment has interfered with our obtaining some of the records."*

He further adds: *"As a biochemist I have made an extensive study of all aspects of cancer, and all of the proposed cures. As a result, I am convinced that asparagus fits in better with the latest theories about cancer."*

Answering the moron's question about the treatment not being widely known, the biochemist says: ***"In case you are wondering why this has not been made public? There is no profit in curing cancer (this simple way)."***

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Also, experts who appear to be threats to the pharma-thugs are prime targets for this Satanist industry.

Even experts who do not accept that Asparagus by itself is the cure for cancer, have the following praise for Asparagus:

### “The Positives of Asparagus

Methionine an amino acid found in everything from meat and poultry to sesame seeds, is also found in asparagus. This amino acid in conjunction with folate and vitamin B6, both of which are found in asparagus as well, has been shown to have **cancer** fighting properties. This was discovered in research published in the American Medical Journal in 2010.

Asparanin A discovered by researchers in China has shown promise as a compound that causes the death of many liver **cancer** cells. In addition, the anti-oxidant glutathione is another substance that staves off cancer. **Asparagus** is one of the best food options when it comes to providing this substance to the body. Glutathione also has antiviral properties.

**Asparagus** is an excellent source of anti-oxidants and it also contains a group of substances collectively called the saponins, known for their anti-inflammatory effect. Research has shown that these two work in concert to reduce stress. Stress, which is a lot more than the usual “stress” that people feel mentally, is not a healthy scenario for people developing **ca**  
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So even if asparagus is not the panacea of cancer, it only makes sense to include it as part of a healthy, diverse diet.

Another way that **asparagus** can add to the health of people is that it contains certain substances that aid with menopause, infertility, and loss of libido.

Interestingly, there is an amino acid called asparagine. Asparagine is one of the 20 essential amino acids that the body needs to assimilate to sustain its regular function. ...." (*End of quote*)

This is the view of an expert who does not accept Asparagus as a cure by itself for cancer. But he did not acquit himself like a stupid child throwing up a tantrum as the moron is guilty of.

The biochemist further says:

"Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth. For that reason, I believe asparagus can be said to contain a substance that I call cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic. In any event, regardless of theory, asparagus used as we suggest, is a harmless substance."

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On the contrary, it is not only 'harmless', it is extremely beneficial since it is a bounty of Allah Ta'ala created for our benefit. In every fruit and vegetable, Allah Ta'ala has created numerous health benefits. However due to the reckless kuffaar lifestyle which includes consumption of carrion, filth, muck and poison in the form of processed junk foods, the natural benefits of fruit and vegetables are neutralized or destroyed. If a balanced diet and an obedient lifestyle according to the Sunnah are adopted, there will be no need for supplement and medicines on such a massive scale as we find today. All sickness have become incurable, and new varieties of diseases are developing in the wake of flagrant and reckless transgression of Allah's Laws.

The biochemist expert says:

"The FDA cannot prevent you from using it and it may do you much good. It has been reported by the US National Cancer Institute, that asparagus is the highest tested food containing glutathione, which is considered one of the body's most potent anti carcinogens and antioxidants."

Another baseless argument presented in the attempt to negate the Asparagus treatment is that the author of this article is unknown and attempts to verify his whereabouts have yielded no results. In the underworld of the pharmaceutical mafia thugs, anonymity has become imperative. In the past, medical experts who had discovered simple, but effective remedies which threatened the financial empires of the mafia thugs, had mysteriously died. The lone medical expert is up against the most ruthless and murderous establishment, viz., the pharmaceutical drug and mafia lords who plot mysterious ways of elimination for those whom they consider a threat to their financial empire. Thus, anonymity in this dangerous realm is not a valid argument for debunking a theory or a remedy. They claim to be scientists, so they have to produce scientific arguments and evidence to debunk what their adversary is claiming.

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Whatever the moron has said is not *Wahi*. He has simply disgorged what he has lapped up from the vomit of the western kuffaar medical establishment – an institution which is violently averse to all other forms of natural remedies.

Even if asparagus does not cure cancer as the moron hallucinates, then too there is nothing but benefit in consuming this bounty of Allah Ta'ala. We advise the moron to write some articles to criticize the deluge of junk, poisons, carrion and processed foods which have caused so much destruction to millions of people.

The following article explains many benefits of Asparagus.

### THE BENEFITS OF ASPARAGUS

(NewsTarget) Asparagus is a springtime vegetable that is versatile and uniquely delicious. Buying it this time of year is best as it is fresh and particularly nutritious, since it is in season. Studies show that asparagus balances insulin levels, which means that it powerfully prevents diabetes. Ensuring that our insulin levels are stable is one of the most important things we can do for our health. It allows us to live long and feel good. Its unique mineral profile makes it an effective natural diuretic. Natural diuretics promote the formation of urine in the kidneys, aiding in detoxification and cleansing.

Asparagus is also one of the only vegetables to contain inulin, which feeds friendly bacteria that

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live in the large intestine. This makes it a great food for preventing yeast overgrowth, and it generally keeps the digestive system and belly well.

Asparagus contains loads of folate. Among other health benefits, folate is essential for pre conception and the early stages of pregnancy. Asparagus' high level of this mineral means that it can reduce the risk of birth defects and helps the nervous system develop beautifully.

Here are some other benefits that make asparagus one of the best super foods on the planet.

- \* Great for your heart
- \* Asparagus fights depression and puts you in a good mood
- \* Gets rid of warts by eating one of the best super [foods](#) on the planet!
- \* Asparagus lowers cholesterol
- \* Stimulates milk production in nursing mothers
- \* It is a potent antioxidant
- \* Is antifungal and antiviral
- \* Your kidneys will love [asparagus](#) ... it helps cleanse the body and prevent kidney stones
- \* Asparagus prevents bladder and urinary tract infections
- \* Helps with treating HIV
- \* Helps prevent multiple sclerosis
- \* Asparagus contains anti cancer properties and is especially powerful in preventing lung cancer
- \* Is energizing and fights chronic fatigue syndrome
- \* Asparagus will lower blood pressure naturally
- \* Asparagus is top of the list of alkaline foods
- \* Asparagus stimulates hair production and is one of the best super foods for balding.

So as it is spring time, it is the perfect time of year to get out and find some locally grown, preferably organic asparagus. It is delectable finely chopped in salads, barbecued with mustard, or lightly steamed.

*3 Rabiyyuth Thaani 1439 - 22 December 2017*