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SO-CALLED 'ISLAMIC' THERAPY MODALITIES ARE ALL PART OF SATANISM

Question: Some entity calling itself (himself or herself) '*Raise her Dua Academy*' is advertising a 17 week spiritual 'transformation' programme. This entity's claim is to imbue the participants with "superpower of self-reflection, self-awareness and *muhasabah*" – *whatever this may mean* - within a 17 week programme. Is this programme truly Islamic? Is it in conformity with the Sunnah?

ANSWER

Before we answer and comment, we reproduce here the comments of a Sister who has much experience in these types of modalities which are deceptively advertised as 'Islamic'.

The Sister's Comments:

As salaam u alaikumwa Rahmatullah

1. Regarding that woman (doctor) who wrote about her Islamic healing: I have to confess that I may be a bit biased when it comes to these modalities. I have such hatred for anything relating to this field that I find anything related to it abhorrent, especially when they try to package it as Islamic thereby justifying their practices.

In my research I came across a statement by Imam Ghazali saying that they will never be able to produce a single fact to justify their claims. This was 1000 years ago, and they are still trying.

That very same week there was a woman who posted the Hadith of Jannah lying at the feet of mothers. She twisted it in such a manner to use it to justify the trending topic that children don't owe their parents anything.

2. In regard to the above please view the following link:

It's a 'Dua' workshop. It is run by one Mohammed Al Sharif founder of Al Maghrib. I have gone through his initial 'Dua' workshop and it was clearly based on steps of the law of attraction. He says you must give a time frame for the Dua. I know that this is not supposed to be. We can't insist by when we want Allah to fulfill our Dua.

Is that really the essence of ibadah? Making demands upon Allah Ta'ala like online shopping where you order something and insist it's delivered by a specific date?

They recently had a workshop online with various coaches and they have the same coaching models as normal coaching but it revolves around what they call 'dua'. Now we know that these people use imagery and metaphors. Just like how they say 'Allah' but mean "the universe"

It seems to me that they are using the word 'Dua' to refer to manifestation..that's sihr!

Even though it may include 'deen' related goals like going for Umrah etc...

(End of the Sister's comment)

OUR COMMENT

It should be well understood and always remembered that the Deen with all its facets has been perfected and finalized during the age of Rasulullah (Sallallahu alayhi wasallam). Nothing may be added to supplement the Ibaadat programme of Rasulullah (Sallallahu alayhi wasallam) and his Sahaabah – the programmed which has been ordained for the Ummah for all time until the Day of Qiyaamah. All modalities and therapies at variance with the Sunnah or which have no basis in the Sunnah or which infringe on any of the principles and teachings of the Shariah are shaitaani – pure satanism presented as 'deen' under a false 'deeni' façade.

The Qur'aan Majeed and the Ahaadith, and the practical example of Rasulullah (Sallallahu alayhi wasallam) and his Sahaabah, are replete with the methodology for achieving Divine Proximity (*Qurb-e-Ilaahi*). The only method for gaining proximity to Allah Ta'ala is by means of Ibaadat (Worship) and Taa-at (Obedience). Strict and total submission to the Shariah which embraces all spheres of our life, are the only ingredients essential for success in this dunya and the Aakhirat.

Peace of mind and tranquillity of the heart can never be achieved from any of these new-fangled shaitaani inspired modalities and therapies. These modalities, including the 17-week Deception, stem from Ibleesi inspiration. Regarding all such forms of deviation which ultimately coalesce in kufr and shirk plastered with a smattering of Islamic nomenclature, the Qur'aan Majeed attributing it to shaitaani inspiration, states:

"Thus, have We made for every Nabi enemies from human shayaateen and jinn shayaateen. They whisper (inspire) adorned statements (and ideas) of deception to one another."

All initiators of these new-fangled modalities claiming transcendental values, experiences and spiritual progress and glory are in reality deceits and agents of shaitaan. Their deceptive expositions are termed *Zukhruful Qaul* by the Qur'aan. The ignorant and unwary are deceived by the Islamic terminology employed by these shaitaani deceits who have nafsaaani and worldly objectives to attain.

Consider one statement of this 17-week shaitaani stupidity, which says: “(You) forgot to love yourself while showing everyone love...” This programme offers to teach you how to “love yourself” whereas such an idea/teaching is in conflict with the Teaching of Islam. Loving yourself is to love your nafs which is the effect of one's ego, and to love the nafs is to love Iblees, and the consequence of these loves is Jahannam. It is a demand of the Sunnah to love others and to be of assistance to others and to make sacrifices for the Makhlooq of Allah Ta'ala. But this 17-week modality emphasizes ‘love for the nafs’.

As long as a person does not hate his/her nafs, he/she will remain under shaitaani influence. The way of being alert in the Path of Islaah of the Nafs is to perpetually be suspicious of ‘yourself’ – your nafs. The ‘self’ is a greater threat and danger than even Iblees.

The “tinge of guilt” which the silly, shaitaani programme offers to eliminate is in fact a trap of shaitaan. *Insaan* must always feel guilty – guilt for sin which he perpetrates from morning till night, at every step. Even the greatest Wali of Allah Ta'ala necessarily is smitten by pangs of guilt due to his gross shortcomings and failure in the field of Ibaadat. Regardless of the loftiest heights of spirituality a Wali may have attained, be it even his transcendence to the Arsh of Allah Ta'ala, he fully understands the deficiency of his Ibaadat. The loftier the degree of Divine Proximity the clearer the perception of one's deficiencies and the imperfection of one's ibaadat. With greater insight of the Roohaani Realm, the Wali has a better perception of the grandeur and glory of Allah Azza Wa Jal. He therefore better understands the grossly deficient ibaadat he offers. He can only hope for Acceptance.

Precisely for this reason will the Wali lapse into *Istighfaar* the moment he completes his Salaat. In fact, this *Istighfaar* of the Wali has been stupidly understood by Salafis to mean *Istighfaar* for having performed Salaat. This conclusion is the effect of their ignorance.

Regarding the nafs, the Qur'aan Majeed mentioning the statement of Nabi Yusuf (Alayhis salaam) says: “I do not exonerate myself, for verily, the nafs is a great commander of evil.” In another Aayat, the Qur'aan Majeed states: “Do not ascribe purity to your nafs. He (Allah) knows best who are pure/pious.”

The advertising methodology of these cranks is in emulation of the methods of kuffaar traders. Their adverts are cluttered with stupidities couched with ‘Islamic’

terms. But in reality, all their loud screaming in their advertisements to promote their Satanist products is nothing but full of sound and fury signifying nothing. That is, nothing of goodness although it is full of satanism adorned in a manner to deceive the ignorant and unwary.

Prescribing a time frame for *Islaah* (moral reformation) is indeed perfidious, and proffering hope of attainment of perfection to participants in the satanic therapy programme is confounded deception structured on LIES. Only Allah Ta'ala purifies a person, and this process is subject to His will and decree, not to anyone's effort and modality. The method for achieving *Islaah* is only the Sunnah Modality which has come down in the Ummah from the era of the Salafus Saaliheen. Only Mashaaikh who are accomplished in the field of Tasawwuf, who have attained lofty spiritual heights, and whose spiritual lineage is linked to Rasulullah (Alayhi wasallam) have the expertise to offer *naseehat* and to prescribe methods in the field of *Islaah-e-Nafs*. Any person who lacks this *Ijaazat* is a fraud – a deceit – a robber who pillages and plunders the Imaan of ignoramuses. At the behest of Iblees, they mislead the ignorant and unwary into the snare of the devil. They can end up as mushrikeen without even realizing the disaster into which they have lost themselves.

Even the genuine, expert Mashaaikh cannot guarantee a mureed's reformation. Even after nine centuries of *Ta'leem* and *Tarbiyat*, Hadhrat Nabi Nooh (Alayhis salaam) was unable to reform his own son. And his own wife. He was unable to 'transform' his son and wife from kufr to Imaan. But these modernist therapy louts 'guarantee' reformation within a prescribed period of a couple of weeks as if they have been so assured by Allah Ta'ala via Wahi. This itself is indicative of their *shaitaanee*. The son of Nabi Nooh (Alayhis salaam) and his wife remained *kaafir* and were destroyed in the Chastisement of the Great Flood. All the effort, cries, duas and da'wat of Nabi Nooh (Alayhis salaam) did not avail because the Wisdom of Allah Ta'ala demanded that his son and wife remain with kufr and perish in kufr.

All the cries and duas of Nabi Ibraaheem (Alayhis salaam) could not save his father from the dregs of kufr, and all the crying and Dua of our Nabi Muhammad (Sallallahu alayhi wasallam) were of no avail for securing salvation for his uncle, Abu Talib. No one can guarantee another person's reformation. Imaan is suspended between fear and hope. A great Wali of today can leave this dunya without Imaan. Yet these Ibleesi therapists with rodomontade proclamations guarantee transformation and reformation within a couple of weeks. They are truly advertising their wares of misguidance under shaitaani dictation.

There is no shortcut in the process to achieve moral reformation and spiritual elevation. The progress is reliant on strict observance of the Shariah which entails total adoption of the Sunnah in all its details. It is a process which the Qur'aan Majeed informs us endures until the end of life:

“And, worship your Rabb until Yaqeen (Maut) reaches you.”

It is a constant struggle, and only a select tiny number of Auliya have attained their lofty spiritual ranks and traversed spiritual stages swiftly and without struggle as a result of the ordainment of Allah Ta'ala. Besides such exceptions, the general rule is *Inaabat Ilallaah*. Constant and diligent *mujaahadah* (struggle) is imperative for the acquisition of the heart's tranquillity which the Qur'aan mentions: "*Behold! With the Thikr of Allah do hearts find rest.*"

Stating this fact, the Qur'aan Majeed says: "*Allah draws unto Him whomever He wills, and He guides unto Him the one who makes Inaabat (repents and struggles to reform himself).*" This latter method is the Divine Modality for the entire Ummah. The shortcut – is not a universal process. It is the *Fadhl* of Allah Ta'ala which instantaneously transforms the worst scoundrel into a Siddique. Examples of such instantaneous transformation are the *saahireen* (magicians) of Fir'oun.

The depuration of the nafs –purifying it of its inherent evil attributes – is not possible by means of the therapies and silly, business programmes of deviate therapists who are all, without exception, operating as agents of Iblees. They have crooked and corrupt nafsaaani and worldly objectives. They prey primarily on the ignorance of gullible females. The type of shaitaani 'confidence' they cultivate in women has led to the rupture of family ties and divorce. This was the primary effect of the *sihr* (magic) which Harut and Marut used to impart.

The moron therapist states in his business advertising poster: "*Sis, it's finally your turn to let go of what hurts, and arrive at peace, and write the story that uplifts you*". (Emphasis not ours)

The moron's advert to lure ignorant females into his snare of *shaitaaniyat* is cluttered with the type of expressions which traders use for promoting their wares. The advert of the shaitaani therapist specializes in advertising stunts which usually appear attractive to the species of humanity described as *Naaqisaatul Aql* by Rasulullah (Sallallahu alayhi wasallam). Women are the prime targets of these therapists who manipulate their (women's) emotions to peddle their (the therapists') satanic wares which culminate in deviation and shirk.

The 17-week 'transformation' and reformation programme is a design of Iblees which his agent seeks to promote as a 'deeni' programme. Terms such as 'tawakkul, dua, shukr, muhasabah,' etc. are part of the chimera to hook unsuspecting women into the network of Iblees.

The one and only way for achieving Islaah of the Nafs (moral reformation) and spiritual elevation is submission to the Shariah and adoption of the Sunnah. Every new modality is satanism. Beware of these human devils. They have the hearts of wolves.

The moron Satanist teacher of the stupid modality says in his advert: *“Perhaps you’ve held back asking for more and asking again...because you’re too sinful, or that it shows ingratitude, or that a believer shouldn’t make grandiose Dunya requests.”*

“Holding back” from asking (making dua) is a sign of kufr. It is not that a person refrains from dua because he believes himself to be “too sinful”. On the contrary, the Muslim who knows that he is indeed an embodiment of sin, will hasten to Tauabah. Such a person gains the taufeeq for Taubah. Furthermore, he will refrain from making nonsensical dua – dua which the moron therapist terms dua for “grandiose Dunya requests”. Indeed a Mu’min should not make dua for ‘grandiose Dunya’ pomp, glitter and wealth which the Qur’aan castigates:

“The life of this world is but play and amusement while the Abode of the Aakhirat is best for those who fear.” What have you no intelligence?”

These therapists are fussaag and fujjaar. Their websites are loaded with haraam pictures, and they have no respect for purdah. Their 17-week programme is a haraam commercial stunt to coin haraam boodle. Just imagine, charging hundreds of dollars for a Stunt in the name of the deen! Satanism painted with ‘deeni’ hues has indeed degenerated to a ludicrous ebb.

The shaitaani jaahil even offers a ‘money back guarantee’ if his 17-week shaitaani snare does not produce the desired ‘transformation’. This is indeed a satanic business deal splashed with a little ‘deeni’ colour. The Iblees has two ‘paths’ for pursuing his ‘transformation’ modality. The one Ibleesi path is called “Essential Path”, which costs \$297 cash or a deposit of \$82 and three subsequent payments of \$82.

The “Growth Path” costs \$597 cash or a deposit of \$125 and four monthly payments of \$125.

Even a woman whom Rasulullah (Sallallahu alayhi wasallam) described as *naaqisul aql* (*intellectually deficient*), must indeed be grovelling in the dregs of stupidity if she fails to understand the shaitaani Trick of this programme designed for the boodle in the name of the deen. It is a pure money-making haraam project which is among the Signs of Qiyaamah. The Hadith pertaining to the Signs of Qiyaamah mentions:

“The dunya will be pursued with the amal of the Aakhirat.”

The Deen is the *Amal* of the Aakhirat which these Satanists are using for the despicable carrion-gains of this dunya. They pillage and plunder the Akhlaaq and Imaan of morons.