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COFFEE & TEA POISON

COFFEE AND TEA — Along with that caffeine boost you think you need, you are ingesting other substances (theo-bromine, theine and tannin) completely alien to the blood.

These toxic elements enter the bloodstream and are carried to the brain, heart, pancreas, spleen and other organs and glands. The liver and kidneys try valiantly to cleanse and detoxify the contaminated blood and often end up overtired, overworked and exhausted by their efforts.

If you usually consume a lot of coffee and/or tea but doubt they are addictive, try eliminating them from your diet abruptly. You'll probably experience **Withdrawal** symptoms ranging from violent headaches to nausea or the shakes.

If your health is important to you, it's **Worth** going through the withdrawal period. Science confirms that simply eliminating coffee and tea (**plus cocoa and soft drinks**) from one's diet results in a **healthy reduction of blood pressure, reduces the load on the heart and reopens the arteries supplying the brain.**

(CANCER: How to Fight Cancer & Win)

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CANCER!

“A German/Swiss team of urologists reported that bee pollen ingestion proved most successful as treatment of prostatitis and prevented the need for surgery in their study of over 170 men.”

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